

Character News

Coronado Elementary School



What we have learned this month:

- ✓ Kinder and 1st graders meet Kupa, the good citizen bear.
 - Respecting the flag shows we are good citizens, even when we're outside the classroom, we should always stop and show respect by saying the Pledge.
- ✓ 2nd and 3rd graders reflected on what does it take to be a good friend.
- ✓ 4th and 5th graders were introduced to problem solving using kindness.
- ✓ 2nd to 5th graders are going to learn about their feelings and emotions using the cartoon Inside Out; and how to deal with anger, fear, and sadness in a healthy way.

“Happiness
is living life
from the
inside-out!”

Kindness Corner

Congratulations to the following people who have received a Kindness Coin!!

- **Victoria Navarro, 4th**
- **Emiliano Ruiz, 1st**
- **Diego Guarena, K**
- **Zoe Velasco, 4th**
- **Mrs. Harrison, K**

November's value: Self-control

“If you practice self-control, you can master anything.”

Show this value by:

Making a list of the behaviors you'd like to control and the situations that trigger the behavior. By recognizing the moments when you get the urge to act impulsively, you'll be more equipped to create a delay between the urge and the action.

**Santa Cruz County
Healthy Student Grant Project**