

Character News



What we have learned this month:

- ✓ Kinder and 1st grade read "It's Okay to be Different" by Todd Parr.
- ✓ 2nd and 3rd graders reflected on what does it take to be a good friend.
- ✓ 4th and 5th graders were introduced to problem solving using kindness.
- ✓ 2nd to 5th graders learned about their feelings and emotions using the cartoon Inside Out; and how to deal with anger in a healthy way.
- ❖ Self-control techniques: mind jar and breathing exercises.

Super happy to share that Guadalupe Martinez, 2nd grader, found a Ben's Bell in Tucson!!!

FYI, I hid the last bell I had, and someone found it already...

Kindness Corner



Congratulations to the following people who have received a Kindness Coin!!

- Mrs. Barber, Resource
 - Zoe Velasco, 4th
- Paloma Vasquez, 4th
 - Ximena Perez, 4th
- Ivana Navarrete, 4th
 - Leah Berrellez, 5th
 - Daniel Molina, 5th
- Mrs. Valencia, Office
 - Margoth Mexia, K
 - Danna Rascon, 3rd
 - Andre Niebla, 4th
- Ms. Cooksey, Reading
 - Felipe Guerrero, 4th
 - Athos Gomez, 4th

November's value: GRATITUDE

"We should certainly count our blessings, but we should also make our blessings count." –Neal A. Maxwell

Show this value by:

Showing gratitude for yourself, and treat yourself to something you enjoy.

**Santa Cruz County
Healthy Student Grant Project**